



Recognizing a Bleed in Your Child

Observe your child

1. At changing or bath time
 - Look at his skin—are there any new bruises?
 - Are his legs the same size? His arms? Are they moving the same way?
 - Is there any bruising or swelling in the diaper area?
2. After a fall or bump
 - Are there any signs of a bleed?
 - Has he bumped his head? All bumps to the head should be reported to a health care provider.
3. In general
 - Does your child avoid reaching for things with one hand rather than the other?
 - Is your child avoiding certain actions/activities?
 - Is your child favoring one leg?

Signs of bleeds

1. Muscle and joint bleeds
 - The area may feel tight, warm, or swollen
 - The limb is often painful, stiff, or difficult to extend
 - The limbs may appear to be unequal
2. Bumps to the head
 - There may be swelling, lumps, or bruising
 - There may be no sign of injury, but always contact the HTC
3. Mouth bleeds, gastrointestinal bleeds, urinary tract bleeds
 - Visible bleeding from mouth or tongue
 - Bloody or black tar looking stools
 - Red or brown urine

NOTES:
