



Talking to Others

School/Nursery School/ Daycare Staff

Who to Tell?

1. Nursery school/daycare: Tell Everyone
2. School
 - principal
 - school nurse
 - school secretary
 - physical education teacher, coach, trainer
 - recess monitors
 - bus driver

What to Say?

1. Describe hemophilia as:
 - missing one of the proteins necessary for clotting
 - bleeding is slow and oozing
 - most bleeding is internal
 - bleeding is treatable with factor
 - child is born with it, it is not contagious

What To Do Until You Arrive?

If the child with hemophilia is injured at school the criteria for calling 911 should be the same. Everyone who interacts with your child should be given these same instructions regarding 911 calls

1. Apply ice pack
 - Protect skin from direct ice exposure
 - If it is a mouth bleed- a popsicle or very cold drink works well
 - Remove ice pack after ½ hour, then reapply after 20-30 minutes
2. Elevate the limb on a pillow
3. Wrap the limb
4. Remain calm—keep you child comfortable and safe

Friends, Parents, Babysitters

1. Describe hemophilia simply and accurately
 - reassure all that hemophilia is not contagious and that they should not be afraid that it will be hard to keep your child safe

